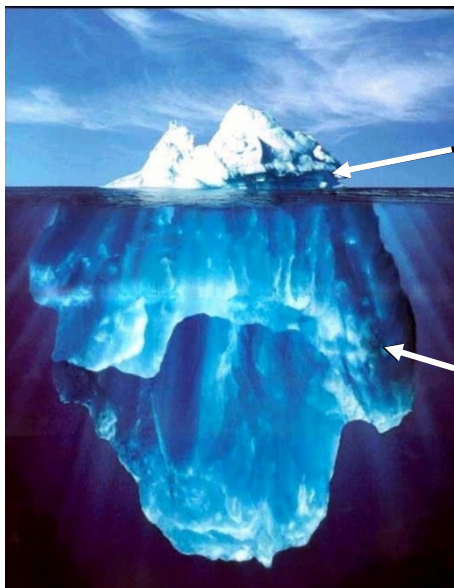


**Jesus and A Workaholic**  
**Luke 10:38-42**  
*Pastor Mike Chapman*

Life at the beginning of the 21<sup>st</sup> Century has pitted the human race against the rat race – and it looks like the rats are winning. If God wants to speak to us, he'll need to leave a message on our voicemail, or our email, or our Facebook wall, or maybe we could follow him on our Twitter.

Busyness and workaholicism isn't new. 2000 years ago, a woman name Martha living just outside Jerusalem in Bethany was plagued by it. We will look at Jesus' encounter with her as he helps her find significance in Him and not in performance.

**LIVES BUILT ABOVE THE WATERLINE**



Only about **12%** of an iceberg is above the water.

Like our lives, it is what is seen. It's on public display. It is what attracts attention.

The deeper issues of life – those beneath the waterline -- are often ignored to our own peril.

Martha was **distracted**.

She was “drawn away” or “dragged away.”

Being so weighed down by activities and busyness that we miss the truly valuable thing that may be right in front of us.

What a person is dragged away from is the cultivation of **life below the waterline**.

## **SIGNS OF SOUL SICKNESS**

### 1. **Stress**

Building above the waterline is not just spiritually unhealthy. It is emotionally, relationally, and physically unhealthy as well.

### 2. **Self-Pity**

There is a growing sense of “aloneness” which leads to self pity, which is always the starting point of something bad.

### 3. **Cynicism and Criticism**

Cynicism, looking at everything with an eye of suspicion, is a chief mark of a growing distance from God.

### 4. **Bitterness toward God**

A hard callousness toward God develops, and we think “If God isn’t going to help me, I’ll just have to help myself.”

## THE HEALING OF OUR SOULS

Luke 10:41-42, *'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.'* (NIV)

Three things we can take away from this passage...

1. Jesus calls us by **name**.
2. Jesus reminds us that we have **choices**.
3. Jesus invites us to a **simpler** and **deeper** life with him.

Refocus

Rest

Relationships